

How Does Studying History Allow Me To Achieve My Goals?

You may not know what you want to do once you have moved on from high school. You may not know what major you want to pursue once it is time to attend college, but you have to at least give yourself an opportunity to understand your purpose. This project is designed to give you the ability to build the foundation of ensuring you attain your purpose. If by the end of this project you still do not know what you want to pursue, you should at least understand some careers you do not want to pursue and why. By the end of this project you should have taken the time to learn more about yourself. Most importantly, during this process you should have been able to identify what motivates you (your WHY).

How does the lesson connect to your Extensive, Performance and Routine Goals?

Include equity vs. progress, Martin vs. Malcolm, Logic vs. Emotion, social, political, economic, ideology factors, systems, a chosen book, and the 5 Themes of Geography.

Use examples from the lesson to show a connection between your goal and or events and individuals of the past. You can also use quotes to help you show the connections as well.

STEP 1 – Everyone must complete

- I. How strong is your foundation for achieving your dreams?
 - a. CREATE A SCHEDULE – This schedule should incorporate your goals with your daily schedule. Figure out how you will incorporate your goals with the obligations you have on a daily basis. Whether that is work, school, extra-curricular activities, or all the above with additional responsibilities. In order to be successful you must create a schedule and follow the schedule in order to put yourself in a situation to be successful.
 - i. *This is the beginning of your Game Plan.*
 - b. Although you may already know what career you want to pursue. Take the time to research a job field or career that sounds interesting but you may not know much about.
 - i. Expose yourself to new ideas and you may actually find something you are great at.
 - ii. <http://www.careertest.net/>
 1. Learn about “YOU”
 - a. Review the page and learn about “YOU”
 2. Scroll to the bottom of the page and read the directions under “The Test”
 3. Then click “Take the test!”
 4. After taking the test click on your personality type.
 - a. Review and research careers that are interesting.
 - c. Research
 - i. Top schools
 1. Acceptance rate
 2. Deadlines
 - ii. Tuition
 1. How much is it to apply to attend the school
 - iii. Scholarships available and requirements
 - iv. Requirements for the school

- v. Research the profession
 1. Will this career make you highly sought after you graduate with your degree?
 2. What changes are going on within the career
 3. What are some things you like and don't like about the profession?
 - a. Does the good outweigh the bad?

Use Current Events to research information on your career and the affects it has outside the United States.

- vi. Possible obstacles
 1. Example - Attending junior college before heading to a 4-year school because of money and or grades.
- d. Make 2 connections with the lessons and elaborate.
- e. Discuss if you did anything towards your goal for the week.
 - i. What did you do?
 - ii. Why didn't you work on your goals
 - iii. Could you have done better?

**Everything is not listed that you may need to look up when researching schools and your profession. Take the time to learn how to be successful by investing your time in acquiring the knowledge needed to be successful.*

STEP 2 – Everyone must complete

- II. How does knowledge and education towards working towards your goal allow you to be successful even when you fail or face adversity?
 - a. Make 3 connections to the Lessons and your goals and elaborate.
 - b. Begin formulating your Game Plan – how you plan on achieving your goal.
 - i. Create a Personal and Educational Game Plan (Schedule of Success)
 1. You have strengths and weaknesses. What are they and how will you prepare to be successful?
 2. Where do you see yourself in...
 - a. 5 years, 10 years, 20 years
 - i. Explain in detail
 - ii. How do you plan on building on that?
 - iii. What steps are needed to achieve these goals
 3. What type of changes do you think you need to make, as time gets closer to your graduation date?
 - a. Think about college vs. high school
 - b. Additional responsibilities
 - c. Maturing
 4. Begin analyzing the schedule you completed in the first week.
 - a. How well did you perform the first week?
 - b. Review your Weekly Evaluation and assess how your life was affected by you trying to accomplish your goals?
 - i. What was sacrificed? Meaning what was completed and what was not completed?
 - ii. Did everything get done?
 - iii. Did you manage your time wisely
 - iv. Is there anything unbalanced
 1. Example - Work life vs. goals etc.

MUST COMPLETE TEN CHAPTER UNITS**Unit 1 – People of Early Washington** (Chapter 1 through 6)

Did the powerful people get D.C. right?

Unit 2 – Changing Neighborhoods, Changing City (Chapter 7 through 16)

Does growth benefit a city?

Unit 3 – Citizens Fight for Justice (Chapter 7 through 20)

What should resistance look like?

Unit 4 – Home Rule and Civic Engagement (Chapter 7 through 20)

How democratic is D.C.?

III. **UNIT QUESTIONS** – Connecting all the Unit Questions to obtaining your goals.

- a. Did the powerful people get D.C. right?
 - i. **Answer the Question** – How did D.C. become D.C.? Discuss the importance of Article I, Section 8 of the Constitution, and the Residence Act of 1790 created confusion about the rights of D.C. residents. Explain how the tension between federal rule and self-rule still go on until this day (Should D.C. be a state? Should D.C. have representation in government?)
 - ii. **Connection to you** – Are you choosing the right goals for you to pursue? Why are you pursuing them and why do you feel this is your purpose? Is there anything confusing about the goals you have set forth to achieve?
- b. Does growth benefit a city?
 - i. **Answer the Question** – Discuss the effects of the migration and gentrification and discuss if it was good for the city. Compare these experiences with what is currently going on in D.C. and explain if it is any different and if it is showing progress and being equitable. Find 3 major national events from the Civil War through post – World War II to get examples to answer your question.
 - ii. **Connection to you** – Depending on which side of the power line you are on will determine if migration and gentrification is considered a good thing. What changes is going on in the profession that you seek to master? What do you need to know in order to get ahead? Do you see the benefits of these changes?
- c. What should resistance look like?
 - i. **Answer the Question** - How did the citizens respond to segregation, racism, political disenfranchisement and persistent economic inequality? Provide 3 examples and explain them. Can use examples from Civil War to the Civil Rights Movement.
 - ii. **Connection to you** – How do you plan on responding to racism, political disenfranchisement and persistent inequality? Notice how only segregation has been removed from the list. What needs to be done to eliminate the rest of these issues?
- d. How democratic is DC?
 - i. **Answer the Question** – What is the Home Rule Act and why is this an important piece of legislation? Discuss how D.C. continues to change and choose 2 people who brought about that change.
 - ii. **Connection to you** – How do you plan on bringing change to the profession you seek, your community and your family?

MUST COMPLETE TEN CHAPTER (Choose 1 additional chapter) – 1 per Chapter

Unit 1 – Foundations of American Democracy (Chapters 2 sec 3-5)

Have we lived up to the promise of democracy?

Unit 2 – Gilded Age and Progressivism (Chapter 3 and 5)

Does progress help everyone?

Unit 3 – Imperialism, Isolationism, & World War I (Chapter 4 and 6)

Should the United States police the world?

Unit 4 – Roaring Twenties and the Great Depression (Chapter 7, 8, 9, and 10)

How can a country be reborn?

Unit 5 – World War II (Chapter 11 and 12)

How does war changed a nation?

Unit 6 – Cold War America (Chapter 13 and 15)

Did America progress during the Cold War?

Unit 7 – An Age of Protest and Reform (Chapter 16, 17, and 18)

Did the social moments of the 1960s go too far – or not far enough?

Unit 8 – Domestic Turmoil (Chapter 18)

How do values shape vote?

Unit – 9 Modern United States in a Global Society (Chapter 19 to 21)

Should our values change over time?

IV. **UNIT QUESTIONS** – Connecting all the Unit Questions to obtaining your goals.

a. Have we lived up to the promise of democracy?

- i. **Answer the Question** – Discuss the Reconstruction and the effects of the whether the Reconstruction was a success. What were the positives and negatives of the Reconstruction period? Did the government take care of the African Americans fairly or were they more concerned with their own concept of progress?
- ii. **Connection to you** – What rules and beliefs do you have that you need to achieve your goals? What rules and beliefs do you need to incorporate in order to achieve your goals? What things do you need to change, stop doing, or modify to make the pursuit of your goals easier?

b. Does progress help everyone?

- iii. **Answer the Question** – Describe what America was like during the Gilded Age. Why did their need to be change? Did the Progressive Movement provide that change? What did progress look like in both eras and who did it help out? Did it help the same people? Were some people left out of being able to progress? Be sure to discuss industrial growth, urbanization, and modernization.
- iv. **Connection to you** – How can you make sure you will experience success? What will success look like for you? Will your success look like others? Explain why or why not. Name the phases of growth of your life and explain using examples. Are you currently progressing, digressing or stagnant.

- c. Should the United States police the world?
- v. **Answer the Question** – Should the United States be involved in Latin American affairs? Should America practice isolationism or imperialism? What are the benefits and negatives of both? How did America effect World War I?
 - vi. **Connection to you** – How does isolationism help you become successful? When should you isolate yourself? When should you go after your dreams and dominate the completion? When should you fight for your dreams and how does that look? What things do you feel you need to do differently in order to be successful?
- d. How can a country be reborn?
- vii. **Answer the Question** – Explain why the Great Depression occurred. How did the New Deal help America get back on its feet? How did the Great Migration shape American society?
 - viii. **Connection to you** – Everyone will experience a depression where everything feels and seems like it is going wrong. How do you plan on getting through this experience? What will you do? Will you move from the problem and or make a new deal?
- e. How does war change a nation?
- ix. **Answer the Question** – How did America effect World War II? Should the atomic bomb been used? How did World War II help the idea of civil rights?
 - x. **Connection to you** – Is there ever a time where you can go too far when trying to achieve your goals? Should everyone see your greatness if you are the best or should you send a message? This another battle where you have to fight for your dreams what other battles have you had that you feel is holding you back from your dreams?
- f. Did America progress during the Cold War?
- xi. **Answer the Question** – Discuss the different ideologies between the United States and the Soviet Union. Discuss how they were at a stalemate and why. Did this keep America from progressing or did they progress?
 - xii. **Connection to you** – You are going after a dream along with a competitor, how will you prepare to win the competition? You both are evenly matched so what will separate you from them?
- g. Did the social moments of the 1960s go too far – or not far enough?
- xiii. **Answer the Question** – Discuss the Civil Rights movement for not only African Americans but everyone else. For example the handicapped.
 - xiv. **Connection to you** – How far are you willing to attain your goals? Martin Luther King Jr. and Malcolm X and many other died so that equal rights would be received by all. Is there any limits that you have when going after your dreams? Are there any excuses holding you back?

- h. How do values shape votes?
 - xv. **Answer the Question** – Review and take notes on how the Republican Party affected the votes by using propaganda. Will watch documentary 13 and take notes.
 - xvi. **Connection to you** – How do you plan on fighting the stereotypes that society has about you? How do you plan to fight the government who is trying to hold you down and would rather see you in prison?

- i. Should our values change over time?
 - xvii. **Answer the Question** – Describe 2 domestic policies and 2 foreign policies that occurred between the 80s through the 2000s. How did they affect America?
 - xviii. **Connection to you** – Name 2 things that you will complete by the end of the summer that will get you closer to your goals. Why did you choose them and why are they important to you?

MUST COMPLETE TEN CHAPTER (2 per completed per Unit)

Unit 1 - Foundations of Democracy (Chapter 1, 2)

Do we need government?

Unit 2 – The Constitution (Chapter 3 through 12, 23 and 24)

Does the Constitution keep its promises?

Unit 3 – Rights and Obligations of Citizens (Chapter 13 - 15)

Who protects freedom better, the people or the government?

Unit 4 – Parties, Polls, and Political Participation (Chapter 16 -19)

Who has the power in politics?

Unit 5 – Dollar and Sense (Chapter 20 through 22, 25 and 26)

Should the government expand or shrink its role in the economy?

V. **UNIT QUESTIONS** – Connecting all the Unit Questions to obtaining your goals.

a. Do we need government?

- i. **Answer the Question** - Review the 8 principles of government, the Declaration of Independence and the Constitution and state why you feel we need a government or not. Use examples to discuss your answer.
- ii. **Connection to you** – What rules and beliefs do you have that you need to achieve your goals? What rules and beliefs do you need to incorporate in order to achieve your goals? What things do you need to change, stop doing, or modify to make the pursuit of your goals easier?

b. Does the Constitution keep its promises?

- iii. **Answer the Question** - Review the Preamble, the amendments and how the government is broken up into the Legislative, Executive and Judicial branches. Explain with examples if you feel they work together and help the American society progress.
- iv. **Connection to you** – What system have you developed to ensure that you achieve your goals? Who is in your Goal Circle? How do you balance work, school, friends, family, and your needs and wants along with striving to achieve your goal?

c. Who protects freedom better, the people or the government?

- v. **Answer the Question** – What protects the citizens' rights? Is it the people who vote for their Congress or is it the government that was voted into office? Review the Bill of Rights, the Supreme Court and how they interpret the Constitution with big cases like Marbury vs. Madison, McCulloch vs. Maryland, Plessy vs. Ferguson, Brown vs. Board of Ed., Gideon vs. Wainwright, Miranda vs. Arizona, Tinker vs Des Moines, and New Jersey vs. TLO. Was there progress in these cases?
- vi. **Connection to you** – Who will help you achieve your goals? How will you protect your dream? How can others help protect your dream? Give some examples of how you have protected your dream. What are your

responsibilities for ensuring you meet your goal? What are the responsibilities of the friends within your circle?

d. Who has the power in politics?

vii. **Answer the Question** - How is political protests treated in the United States? Think about voting, Kaepernick, kneeling, police violence, the justice system etc. Discuss how the media and political parties help and hurt democracy. How does elections help and hurt America?

viii. **Connection to You** – Does your goal help you create a better America? How will you get people to “elect” you to your goals? How will you advertise yourself? What sacrifices are you willing to make in order to make sure you see your dreams occur?

e. Should the government expand or shrink its role in the economy?

ix. **Answer the Question** – How does the government work with the economy to make sure the United States is prosperous? What type of economic system are we a part of? How does the government keep the consumers safe? Why is this always a question up for debate?

x. **Connection to you** – How much money do you have saved up (your budget) to help you achieve your dreams? How much money will it take? Will the government help out (financial aid)? How does your goals influence the economy? Is your goals going to be in demand once you achieve it?

You will create a PowerPoint, video, and or paper to discuss your 30-Day challenge and the information you acquired pertaining to your career.

Ideas for completing the 30-Day Challenge

Snapchat, creating video, Instagram, Twitter and other forms of technology can help you complete this challenge (make sure you can attach examples to your project). Incorporate these ideas in your project to give it more of a personal feel. IF you do this, you will be able to watch yourself grow throughout this challenge. Follow each other and help inspire each other with your posts on how you progressing to reach your goal. Use friends to help hold each other accountable by using this concept. Have fun with this project because after all it is about you.

Use #never-idle, #30DayChallenge, #168 when posting so others can follow.

Answer the following question:

How does studying history allow me to achieve my goals?

Incorporate information and or examples from the lesson into the questions below

- After review your data, are you all talk or did you apply CONSISTENT action that was efficient and effective towards what you wanted to be?
- Did you expose yourself to new opportunities? If so what was that like? If not why didn't you? Explain.
- Looking at the data collected are you on your way to achieving your goals? If so how do you know? If not how do you know and what plans do you plan on making to change your current path?
- What did you learn about yourself?

- Did your grades progress, stay the same, or digress? Explain.
- What did you learn during the 30-Day challenge (summer school)?
- What did you learn about the career you chose?
 - Will you continue to pursue or change your focus towards another career? Explain.
- What did you think about this project?
 - Was it helpful?
 - What are some things you noticed that I could incorporate that could be beneficial for students in up coming years?

VI. Presentation dates for project will be determined at a later date